

Motorcycle Rider Safety Tips

Be Visible:

- Remember that motorists often have trouble seeing motorcycles and reacting in time.
- Make sure your headlight works and is on day and night.
- Use reflective strips or decals on your clothing and on your motorcycle.
- Be aware of the blind spots cars and trucks have and don't ride in them.
- Flash your brake light when you are slowing down and before stopping.
- If you think a motorist doesn't see you, don't be afraid to use your horn.
- Use lane positioning to be seen; ride in the part of a lane where you are most visible.

Dress for Safety:

- Wear a DOT approved helmet and eye protection.
- Wear bright, abrasion resistant, protective clothing; reflective tape
- Choose long sleeves and pants, over-the-ankle boots, and full-fingered gloves.
- Remember—the only thing between you and the road is your protective gear.

Apply Effective Mental Strategies:

- Constantly search the road for changing conditions.
- Give yourself space and time to respond to other motorists' actions.
- Give other motorists time and space to respond to you.
- Watch for turning vehicles.
- Signal your next move in advance; incorporate arm turn signals as well.
- Avoid weaving between lanes.
- Don't ride when you are tired or under the influence of alcohol or other drugs.
- Know and follow the rules of the road. Do not exceed the speed limit.
- Know your skill limitations.
- Pretend you're invisible and ride extra defensively.

Know Your Bike and How to Use It:

- Get formal training and take refresher courses.
- Practice! Develop your riding techniques before going into heavy traffic or mountain terrain.
- Know how to handle your bike in varying conditions such as wet or sandy roads, high winds, work zones, and other uneven surfaces.

Share the Road

Live to Ride